

# SHARP Health Plan

## Important contacts



### Sharp Health Plan Customer Care

1-855-562-8853, TTY/TDD: 711  
7 a.m. to 8 p.m., seven days a week



### After-Hours Nurse Advice

1-855-562-8853, TTY/TDD: 711

5 p.m. to 8 a.m. on weekdays, 24 hours on weekends  
Select the option to speak with a nurse through Sharp Nurse Connection® for medical advice.



### Emergency Travel Services

1-800-872-1414, 1-609-986-1234 (outside the U.S.)

When 100+ miles away from home or in another country for less than 90 days, our global emergency services partner Assist America® is available 24/7.



### Pharmacy and prescription drugs

1-855-222-3183, TTY: 711

Our Medicare prescription helpline is available 24/7, supported by our partner CVS Caremark®.



### Free fitness resources

1-877-427-4788, TTY: 711

Get free gym access through Silver&Fit®. You can also get one at-home exercise kit mailed to you each year.



### Chiropractic and acupuncture care

1-800-678-9133

Use your supplemental chiropractic and acupuncture benefit through American Specialty Health for up to 30 visits a year. No referral is needed from your primary care physician. Services are subject to medical necessity review.



### Behavioral health support

1-844-483-9013, TTY: 711

Search for a behavioral health provider through our website at [sharpmedicareadvantage.com/bh](https://sharpmedicareadvantage.com/bh) and learn more about your benefits. No referral is needed to access outpatient therapy from an in-network provider.



### Dental care

1-800-390-3368

**Group VIP Plan:** Delta Dental DHMO is part of your benefits. The dental PPO option has an additional monthly cost. **Extra:** Each dental plan option has an additional monthly cost.



### Hearing aid coverage

HearUSA: 1-855-203-5911  
San Diego Hearing Center: 1-858-279-3277

Contact your primary care physician first for prior authorization to use your allowance every 36 months toward medically necessary hearing aids from San Diego Hearing Center and HearUSA.



### Over-the-counter allowance

1-855-788-3466, TTY: 711

Use your Sharp Health Plan Advantage card to get over-the-counter items online at [MyBenefitsCenter.com](https://MyBenefitsCenter.com), over the phone or at participating retailers nationwide.



### Vision care

1-800-877-7195

Find a Vision Service Plan Advantage provider near you to get an annual routine eye exam and to use your allowance for glasses or contacts every 24 months.