

SHARP Health Plan

Important contacts



Sharp Health Plan Customer Care

1-855-562-8853, TTY/TDD: 711
7 a.m. to 8 p.m., seven days a week



After-Hours Nurse Advice

1-855-562-8853, TTY/TDD: 711

5 p.m. to 8 a.m. on weekdays, 24 hours on weekends
Select the option to speak with a nurse through Sharp Nurse Connection® for medical advice.



Emergency Travel Services

1-800-872-1414, 1-609-986-1234 (outside the U.S.)

When 100+ miles away from home or in another country for less than 90 days, our global emergency services partner Assist America® is available 24/7.



Pharmacy and prescription drugs

1-855-222-3183, TTY: 711

Our Medicare prescription helpline is available 24/7, supported by our partner CVS Caremark®.



Free fitness resources

1-877-427-4788, TTY: 711

Get free gym access through Silver&Fit®. You can also get one at-home exercise kit mailed to you each year.



Chiropractic care

1-800-678-9133

Use your supplemental chiropractic benefit through American Specialty Health for up to 30 visits a year. No referral is needed from your primary care physician. Services are subject to medical necessity review.



Behavioral health support

1-844-483-9013, TTY: 711

Search for a behavioral health provider through our website at sharpmedicareadvantage.com/bh and learn more about your benefits. No referral is needed to access outpatient therapy from an in-network provider.



Dental care

1-800-390-3368

Delta Dental DHMO costs an additional \$13 a month. The dental PPO option costs an additional \$50 a month.



Hearing aid coverage

HearUSA: 1-855-203-5911
San Diego Hearing Center: 1-858-279-3277

Contact your primary care physician first for prior authorization to use your allowance every 36 months toward medically necessary hearing aids from San Diego Hearing Center and HearUSA.



Vision care

1-800-877-7195

Find a Vision Service Plan Choice provider near you to get an annual routine eye exam and to use your allowance for glasses or contacts every 24 months.